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YOUR CAST NEWSLETTER!

Keeping you up to date with our work, what we're planning and how you can get involved, direct to your inbox!

Now is the time for *community-driven, people-powered change* in South Tyneside.

Democracy and accountability – we can do better!

The success of the last of this series of online public consultations clearly demonstrated that South Tynesiders really do think that 'we can do better!'

Solutions to the lack of democracy and accountability in the borough included:

- ✓ The promotion of the 'Sheffield model' as a possible alternative to the current council 'strong' leadership model
- ✓ 'Digital democracy' - modern communication systems fully utilised to maximise inclusion in the decision-making process
- ✓ 'Open up' the workings of the council to raise awareness and understanding of official processes

The results of all three consultations plus the online survey will be collated into a draft CAST manifesto and presented to members for discussion at the Members Only Meeting planned for October.

To be part of the discussions, join **CAST!**



Don't miss your chance to complete our current survey **HERE** - it's closing!

Our new survey opens soon and we want your views on disabled-friendly playgrounds. Do you have young disabled family members? Do you think our local playgrounds up to scratch? What would your children like to play on?

Email us: southtyneside@assembly.org.uk Join us: [here](#)

NOTICEBOARD

MOVING ON TYNE AND WEAR

You can now read the latest newsletter from our friends at Moving on Tyne & Wear (**MOTW**) via our [newsletter page](#).

MOTW supports residents with health issues or additional learning needs who find themselves out of work. Through one-to-one support, their Navigators will help you take realistic, manageable steps towards stable employment. MOTW are committed to making real and lasting change in the area as participants build on their own strengths and aspirations, using the skills and expertise of MOTW partners.

Read more about **MOTW**

HEALTH WATCH SOUTH TYNESIDE

Health Watch South Tyneside (**HWST**) are an independent organisation set up to champion the views of patients and social care users in South Tyneside.

People want health-care services that work for them, HWST want to help make this happen but they need to hear from you to understand what matters most. They want to hear about your views, needs and experiences to help South Tyneside get the best possible health and care.

Read more about **HWST**



Upcoming meetings

To attend CAST meetings, you must be a member. Join [here](#)!

Environment:

Thursday October 1st @ 6pm

Health:

Tuesday October 6th @ 6pm

Education: (rescheduled)

Wednesday October 7th @ 6pm

Sustainable Communities:

Thursday October 8th @ 6pm

CAST are proud to support SSTHC - please don't forget their weekly **meetings**!

IN THE CAST PIPELINE...



For registered CAST members only!

Online 'Cybercrime' workshop: Tues. 6th Oct.

Inspire South Tyneside have offered CAST members the unique opportunity to join their exclusive cybercrime workshop delivered by Northumbria Police. The session will cover topics including Phishing & Spoofing, safe use of social media and how to report cybercrime.

Members only meeting (online): Sat. 31st October.

Prof. Allyson Pollock of Newcastle University has kindly agreed to speak (diary permitting!) about the realistic and viable alternatives to challenge the glib NHS PR machine.

For more details of these events or to register, email us.

To take advantage, **join us**!

Email us: southtyneside@assembly.org.uk Join us: [here](#)